

Rainy River High School - Athletic Activities Policy and Permission Form

Revised Sept. 2016

All students will govern their behaviour according to the **R.R.H.S. Code of Student Behaviour**. As well, students participating in athletic activities must adhere to the expectations in this policy.

Participation in any R.R.H.S. athletic activity is a privilege. It must be recognized by all participants that we wish to convey the most positive image possible of R.R.H.S., its students, and its staff. Any student whose conduct is not consistent with this objective will lose his/her eligibility. This policy is in effect as soon as a student begins practising for a school team.

Any disputes arising from the interpretation of this policy will be resolved by the Administration.

Requirements for Participation in Rainy River High School Athletics

1. Senior players must be **under** 19 years of age as of **January 1** of the school year concerned.
2. Junior players must be **under** 16 years of age as of **January 1** of the school year concerned.
3. Participants must be full-time equivalent students.
4. Students in their 5th year of high school will be deemed **ineligible**. Fifth year students wanting to participate must apply and be granted eligibility by the administration.
5. A student may participate in only one interschool sport per season, unless permission is granted by the administration. If an athlete quits a team, he/she may lose the privilege of joining another school team for one year. An athlete who loses eligibility for a school team may not be eligible for any athletic award that year.
6. Prior to the first game, the participant and one (1) parent or guardian must sign and return the permission form indicating that they have read this Policy. **The participant's signature will acknowledge that he/she understands and will comply with the rules.** The parent or guardian's signature will represent permission for his or her child to participate, and will acknowledge the receipt of a copy of the Policy, which is to be retained by the parent. The signed form will be placed on file with the school administration.

All participants in extra-curricular athletic activities are required to pay an Athletic Activity Fee for each school team on which they are a member. This money will be used to defray the costs of operating the interschool athletic program.

Senior sports \$100- Basketball, Volleyball, Soccer, Curling (Badminton - \$75)

Junior Sports \$75- Basketball, Volleyball, Soccer (Curling \$100, Badminton- \$50)

Family Rate per individual sport season- Oldest student- Regular fee, each additional student \$50

7. The costs involved in participating in out-of-town trips, such as accommodation, meals, and other incidentals must be paid by the student.
8. Any participant traveling who requires regular or emergency medicine (e.g. epi-pens, inhalers, insulin, etc.) as prescribed by a doctor must show their medicine to a supervisor traveling on the trip prior to departure. Participants who are not in possession of their medicine will not be allowed to travel.
9. While fundraising events will offset partial costs of advancing to NWOSSAA and/or OFSAA competition, **athletes will be responsible for the additional costs incurred due to travel and accommodations that arise associated with these events.**
10. If at any time the welfare or safety of the students/staff/school is in question or illegal activity is suspected, any student's personal belongings may be searched by school staff during extra-curricular activities.
11. Administration has the right to inspect student's baggage before departure or at any time during the trip. If the student refuses at any point, they can be denied further participation and will incur all related expenses for transportation home.
12. If a player has been restricted from participation due to medical reasons, the player must provide a doctor's note stating that he/she can resume play.
13. All players must strictly adhere to the RRDSB's Student Concussion Protocol (Procedure 4.74), complete all of the required protocol stages, and submit all of the appropriate signed forms before returning to practise/play.

14. All participants must travel in the vehicle provided by the school. For student safety, students will only be released to their parents/guardian for alternate travel arrangements, and an application, in writing, needs to be submitted to the school administration **a minimum of two days prior to the trip.**
15. All students who participate in the Co-operative Sports Program must conform to both the Rainy River High School and the Lake of the Woods School's Athletic Policies.

Expectations for Student Participants

Academic Participants will:

1. Attend class regularly and punctually. Students are expected to attend on the day before, the day of, and the day after any activity. Administrative approval will be needed to excuse an absence.
2. If a student's mark falls below 55%, the classroom teacher will initiate an "At-Risk Action Plan" (as part of RRHS Policy). A reasonable timeline for success will be imposed.
3. Failure to meet the requirements of the At-Risk Action Plan will jeopardize the athletic eligibility of the student.

Behaviour Participants will:

1. Respect other people and their property. This includes, but is not limited to; coaches, supervisors, fellow participants, opponents, officials, and school staff.
2. Not use, possess or be under the influence of alcohol or non-medicinal drugs.
3. Adhere to curfew on overnight trips. If a member of the opposite sex is in the room prior to curfew, the door to that room must be open. At curfew, students must be in their assigned rooms, and may not leave without permission. The delivery of food after curfew is unacceptable, unless there are extenuating circumstances, such as late arrival at the hotel. Under those conditions, **permission must be granted** by the teacher/supervisor.
4. Not use tobacco products on away trips while on or near the bus, hotel rooms, or in any public place where prohibited by law.

Student Accident/ Out-of-Country Insurance Notice

The Rainy River District School Board has purchased a blanket student accident insurance policy for all full-time students which provides 24-hour coverage every day throughout the year, including weekends, summer vacation and other school breaks. This includes Emergency Out-of-Province/Country Accident Insurance.

Part-time students (2 courses or less per semester) **are not covered.**

This policy is in effect from September 1, 2017 to August 31, 2018.

Elements of Risk Notice

The risk of injury exists in every athletic activity. Falls, collisions and other incidents may occur and cause injury. Due to the very nature of some activities, injuries may range from minor sprains and strains to more serious injuries, including death. The chances of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. The school board attempts to manage as effectively as possible the risk involved for students while participating in school athletics.

By signing the following permission form parents/guardians acknowledge that they are aware of insurance needs and risks associated with their child(ren)'s participation in sport through RRHS and that this Athletic policy is subject to change.

High school athletics can be physically demanding and rigorous activities. Parents or guardians should consider having their child undergo a physical examination by a medical doctor prior to participating in sports.

Please keep this policy. The Athletic Permission Form must be detached, completed, signed, and returned.

Athletic Activity Permission Form - Rainy River High School

Activity Name: _____

Student Name: _____ **Phone #** _____

Student Health Card Number: _____ **Date of Birth:** _____ / _____ / _____
Day Month Year

Parent/Guardian: _____ **Work Phone #** _____

Home/Cell # _____

Emergency Contact Name: _____ **Phone #** _____

MEDICAL INFORMATION:

1. List your child's allergies to any drugs, foods, medication, or other. _____
2. What medication should your child have on hand during the sport activity? _____
Who should administer the medication? _____
3. Does your child wear a medical alert bracelet, neck chain, carry a medical alert card? **YES NO**
4. Does your child wear eyeglasses? **YES NO** Contact lenses? **YES NO**
5. Please indicate if your child has been subject to any of the following and provide pertinent details.
Allergies, epilepsy, diabetes, orthopaedic problems, deaf/hard of hearing, asthma, etc. _____
Head or back conditions or injuries (in the past two years) _____
6. **Any other medical information relevant to safe participation?** _____

Should your child sustain an injury or diagnosed with an illness requiring medical attention during the season, please notify the Coach and Athletic Director.

ACKNOWLEDGEMENT OF RISKS/INFORMED CONSENT AGREEMENT

I/we agree that the school board or its employees, servants or agents shall not be liable for any injury to my child or loss or damage to personal property arising from, or in any way resulting from participation in school athletic events.

I/we have read and understood the notices of accident insurance, out-of-country insurance and elements of risk. I/we have also read the Athletics Activities Policy and understand the expectations required for my child to participate in the athletic program.

Acknowledgement and agreement to the Collection of Data Policy

I/we hereby consent to the disclosure of my child's name/picture for publication as a form of recognition and pride associated with extra-curricular activities at school. Publications may include newspapers, school newsletters and school webpages.

YES **NO**

Name of Parent (print) _____

Signature of **Parent** _____ Date: _____

I, as a student of RRHS, have read and understand the statements in the Athletics Activities Policy and agree to conduct myself in a manner that demonstrates the standards established in the Policy.

Signature of **Student** _____ Date: _____

- Athletic Activity Fee attached. Senior sports \$100- Basketball, Volleyball, Soccer, Curling (Badminton - \$75)
Junior Sports \$75- Basketball, Volleyball, Soccer (Curling-\$100; Badminton- \$50)
Family Rate per individual sport season- Oldest student- Regular fee, each additional student \$50

Please return this completed and signed form and Activity Fee to the Office or pay on School Cash Online.